**Retreat Resolution for the New Creation**

* As you near the conclusion of this Retreat, “New Creation,” it is time to prayerfully review your journal to see what special word or theme the Lord has been giving you.

* Begin by asking the Holy Spirit to help you identify the main theme of what the Lord has been speaking to you over the past few days of Retreat.

* To help you recognize this one overall theme, you can review your journal, one session at a time and summarize in one or two sentences the main grace(s) you received during each session on a separate sheet of paper.

* Next, review these little summaries from the sessions and you should see the main grace(s) you received from the Lord throughout your entire Retreat, and the main theme the Lord is speaking to you personally. For example, you may have received the grace to hear Jesus’ voice in your heart and to believe that He loves you, and He may be calling you to daily prayer to continue to listen to His voice in your heart daily through journaling.

* As you see what theme the Lord has been showing you, now it is time for you to respond by writing down 3 - 4 simple and concrete ways to implement and live out your Retreat graces.

* As you go forth from “New Creation” Retreat, please be encouraged and know that your deeper commitment is new every day. You can always return to your journal to review and renew this commitment.

* Please know you all remain in the continuous intercession of the Bellwether Lambs!